

ABSTRACT

The present invention allows a postrecording process to be executed even if a bit rate of data recorded on or data for recording onto a recording medium is higher than a bit rate for reading out from or
5 recording onto the recording medium. At step S363, a control section causes low-res data, which are a data series of sound and picture having the same contents as an audio file of a designated channel, to be read out from an optical disk. At step S367, the control section causes acquired
10 audio data to be recorded to the audio file of the designated channel on the optical disk 7. The present invention is applicable to a disk apparatus for recording audio data and video data onto the optical disk.